



The Summerville Family YMCA mission is to be a community cornerstone that puts Christian principals into practice through programs that build healthy spirit, mind, and body for all.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 7:00 LEVEL 2/3 NICOLE	6:00 - 7:00 LEVEL 2/3 JULIE		6:00 - 7:00 LEVEL 2/3 SUZANNE			1:30 -2:15 LEVEL 1/2 NICOLE
8:015 - 9:15 LEVEL 2/3 SUZANNE		8:00 - 9:00 LEVEL 2/3 MARIANNE		8:15 - 9:15 LEVEL 2/3 LUCINDA	8:00 - 9:00 LEVEL 2/3 2/6 JULIE 2/13 NICOLE 2/20 KELLY 2/27 SUZANNE	NO 1:30 CLASS ON FEB.28TH
	9:45 - 10:45 LEVEL 2/3 SUZANNE		9:45-10:45 LEVEL 2/3 SHERRY			
						3:30-4:30 LEVEL 2/3 JULIE
6:00-7:00 LEVEL 2/3 KELLY	5:30-6:30 LEVEL 2/3 KAREN	5:30-6:30 LEVEL 2/3 SYLKE	5:30-6:30 LEVEL 2/3 KAREN	6:00-7:00 LEVEL 2/3 JULIE	FAMILY SPIN 9:30AM-10:30AM SYLKE	
					FEBRUARY 13TH ENDURANCE RIDE 9:30 - 11:30 SYLKE REGISTER AT FRONT DESK	
7:00-8:00 LEVEL 2/3 JULIE/STEPHEN		7:00-8:01 LEVEL 2/3 SUZANNE	7:00-7:46 LEVEL 1 STEPHEN			
						REVISED 1/28/2010

Please Bring Water To All Classes!

***** FIRST TIME PARTICIPANTS***
PLEASE TRY TO COME TO CLASS 15 MINUTES EARLY FOR INSTRUCTION**

FEBRUARY

Spin Classes

**Summerville
Family YMCA**