



FEBRUARY WELLNESS POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00AM	Water Aerobics	Adult Swim 6:00-8:15AM	Water Aerobics	Adult Swim 6:00-8:15AM	Water Aerobics				
6:30AM	Petra 6:15-7:15AM		Petra 6:15-7:15AM		Petra 6:15-7:15AM				
7:00AM									
7:30AM									
8:00AM		Arthritic Class		Arthritic Class					
8:30AM	Water Aerobics	Carol 8:15-9:15AM	Water Aerobics	Carol 8:15-9:15AM	Water Aerobics	Water Aerobics	Water Aerobics		
9:00AM	Tracy 8:30-9:30AM		Bell 8:30-9:30AM		Bell 8:30-9:30AM	Petra 8:15-9:15AM			
9:30AM	Adult Swim 9:30AM-1:00PM	Swim Lessons	Adult Swim 9:30AM-1:00PM	Mom's Morning Out	Adult Swim 9:30AM-1:00PM	Swim Lessons	Swim Lessons		
10:00AM						9:30-10:30AM		9:30-11:00AM	
10:30AM				Water Aerobics			Water Aerobics		Swim Lessons and
11:00AM				Jan 10:15-11:15AM			Carol 10:15-11:15AM		Adult Swim
11:30AM									11:00-11:30AM
12:00PM				Water Aerobics					Adult Swim
12:30PM		Petra 11:15AM-12:15PM				11:30AM-1:00PM			
1:00PM	Open Swim 1:00-3:30PM		Open Swim 1:00-3:30PM		Open Swim 1:00-3:30PM		Adult Swim		
1:30PM							1:00PM-		
2:00PM							3:00PM		
2:30PM									
3:00PM							Open Swim		
3:30PM							3:00-4:00		
3:30PM	Adult Swim and	Adult Swim and	Adult Swim and	Adult Swim and	Adult Swim				
4:00PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	3:30-5:00PM				
4:30PM	3:30-5:00PM	3:30-5:00PM	3:30-5:00PM	3:30-5:00PM					
5:00PM	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Open Swim 5:00-8:00PM (Family Swim Night February 26)				
5:30PM	5:00-6:30PM	5:00-6:30PM	5:00-6:30PM	5:00-6:30PM					
6:00PM									
6:30PM	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics					
7:00PM	Anne 6:30-7:30PM	Jan 6:30-7:30PM	Anne 6:30-7:30PM	Jan 6:30-7:30PM					
7:30PM									
8:00PM									
8:30PM									
9:00PM									

The Summerville Family YMCA Wellness Center Facility is located at 208 West Doty Street Summerville, SC 29483

Revised: 22 January 2010