



MARCH WELLNESS POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM	Water Aerobics		Water Aerobics		Water Aerobics		
6:30AM	Petra 6:15-7:15AM	Adult Swim	Petra 6:15-7:15AM	Adult Swim	Petra 6:15-7:15AM		
7:00AM		6:00-8:15AM		6:00-8:15AM			
7:30AM							
8:00AM		Arthritic Class		Arthritic Class			
8:30AM	Water Aerobics	Carol 8:15-9:15AM	Water Aerobics	Carol 8:15-9:15AM	Water Aerobics	Water Aerobics	
9:00AM	Tracy 8:30-9:30AM		Bell 8:30-9:30AM		Bell 8:30-9:30AM	Petra 8:15-9:15AM	
9:30AM		MMO Swim Lessons		Mom's Morning Out		Swim Lessons	
10:00AM				9:30-10:30AM		9:30-11:00AM	
10:30AM	Adult Swim	Water Aerobics	Adult Swim	Water Aerobics	Adult Swim		
11:00AM	9:30AM-12:00PM	Jan 10:15-11:15AM	9:30AM-12:00PM	Carol 10:15-11:15AM	9:30AM-1:00PM		
11:30AM		Water Aerobics				Adult Swim	
12:00PM		Petra 11:15AM-12:15PM				11:00AM-1:00PM	
12:30PM							
1:00PM							Adult Swim
1:30PM							1:00PM-
2:00PM		Open Swim		Open Swim	Open Swim		3:00PM
2:30PM		1:00-3:30PM		1:00-3:30PM	1:00-3:30PM		
3:00PM	Adult Swim		Adult Swim				Open Swim
3:30PM	3:00-3:30PM		3:00-3:30PM				3:00-4:00
4:00PM	Adult Swim and	Adult Swim and	Adult Swim and	Adult Swim and	Adult Swim		
4:30PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	3:30-5:00PM		
5:00PM	3:30-5:00PM	3:30-5:00PM	3:30-5:00PM	3:30-5:00PM			
5:30PM	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Open Swim		
6:00PM	5:00-6:30PM	5:00-6:30PM	5:00-6:30PM	5:00-6:30PM	5:00-8:00PM		
6:30PM	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics			
7:00PM	Anne 6:30-7:30PM	Jan 6:30-7:30PM	Anne 6:30-7:30PM	Jan 6:30-7:30PM	(Family Swim Night		
7:30PM					February 26)		
8:00PM							
8:30PM							
9:00PM							

The Summerville Family YMCA Wellness Center Facility is located at 208 West Doty Street Summerville, SC 29483

Revised: 22 January 2010